



Crisis Contact:

Asotin County:
509-758-3341

Garfield County:
509-843-3791

Crisis After Hours
1-888-475-5665
Or
509-758-4665

Upcoming Events

- **October Events:** QBH will be at the LC Valley Chamber Business Expo October 20th at the Lewiston Elks Lodge. Come visit our booth at this FREE event for fun giveaways!
- **November Events:** Thanksgiving is just around the corner. Many families in our community do not have the resources to provide a thanksgiving dinner. If you'd like to donate food or sponsor a family for Thanksgiving Holiday, please contact Layci Peer at 509-758-3341.
- **December Events:** Christmas is a time for sharing. What better way to show your charitable spirit than by sponsoring a family or individual less fortunate than yourself. For more details on our family sponsorship program. Contact Layci Peer at 509-758-3341 or by email at lpeer@qbhs.org

ISSUE

03

October-December

Quarterly Issue
of events at
Quality Behavioral Health

QBH TIMES



this issue

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VOLUNTEERS NEEDED!!!

If you are interested in volunteering to help with programs at QBH please contact Layci Peer at lpeer@qbhs.org or 509-758-3341. Or visit our website: www.qualitybehavioralhealth.com.

Give Back this Holiday Season!!

For the past 3 years Quality Behavioral Health has worked with local schools, businesses, organizations and private individuals to sponsor families or individuals in our community who are less fortunate than ourselves. Through our sponsorship program, businesses, organizations, schools or private citizens are able to anonymously (or not, the choice is yours) give back to families and individuals who do not have the resources to provide their families with a large holiday meal or even small gifts under the Christmas tree.

QBH helps locate a family or individual who are truly in need and who will most likely go without the holiday meal and not open a single present if it were not for another families, business or organizations generosity. QBH facilitates the food and/or gift exchange to make sure the dignity and privacy of both parties stays intact.

For more information about how you can sponsor a family please call Layci Peer at 509-758-3341 or by email: lpeer@qbhs.org

Board Members Needed!

Interested in becoming a QBH Board Member? Contact Layci Peer or visit QBH online at www.qualitybehavioralhealth.com for more information and an application.

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Quality Behavioral Health
900 7th Street
Clarkston, WA 99402

Garfield County Human Services
856 Main Street
Pomeroy, WA 99347

www.qualitybehavioralhealth.com



QBH Community Sexual Assault Program (CSAP)

Did you know:

- **Every two minutes someone is sexually assaulted in the U.S.**
- **About two thirds of all sexual assaults are committed by someone the victim knows personally.**
- **CSAP Served over 155 survivors of sexual violence in Asotin and Garfield Counties in 2010.**
- **CSAP provided over 1200 hours of services to survivors of sexual violence in 2010.**

For more info:
www.qualitybehavioralhealth.com



Community Sexual Assault Program Advocacy

Looking for a great organization to volunteer with, stand behind and contribute to? Quality Behavioral Health's Community Sexual Assault Program might be what you are looking for. This program offers free & confidential services for victims of sexual assault and to those close to them for Asotin and Garfield Counties through General, Legal, and Medical Advocacy.

QBH is looking for community members to become volunteer trained advocates to help support the program. QBH provides training to all who are interested in volunteering their time to help victims of sexual assault. Advocates will be trained in three areas: General Advocacy, Medical Advocacy and Legal Advocacy. After this 3 day training each volunteer will be certified to help victims of sexual assault.

General: Ongoing support for victims and families. Help arranging service for support, recover and treatment.

Medical: Assistance with medical care, including forensic exams.

Legal: Assistance with legal steps including protection orders and crime victim compensation benefits. Support during legal events such as forensic interviews, trial preparation, court hearings and sentencing.

QBH's trained counselors also offer specialized therapy, Crisis intervention and Prevention education. For more information on this training or the QBH Community Sexual Assault Program in general please call 509-758-3341 or 509-769-2050 or email Danika Roberts, Program Manager at droberts@qbhs.org or visit www.qualitybehavioralhealth.com.

Training Schedule: 8:30a.m-5:00p.m. (Break for lunch 12:00p.m.-1:00p.m.)

Wednesday, 10/26: Philosophical Foundations and General Advocacy Role:

Presenter, Sara Kern

Thursday, 10/27: Legal Advocacy:

Presenter, Elizabeth Robertson

Friday, 10/28 Medical Advocacy/Community Tour:

Presenter, Danika Roberts

Mental Health

FAQ:

- **How do I find treatment for myself, my family member or friend.**
- **How do I find a support group in my community.**
- **How do I learn more about medications.**
- **How do I learn more about my diagnosis ?**

Call QBH, We can help. 509-758-3341 or go online:
www.qualitybehavioralhealth.com

