
quality behavioral health

Community Sexual Assault Program

Program Mission Statement

It is our mission to provide free and culturally competent services to survivors of sexual assault and their families in order to empower them during their healing process. We resolve to promote social change through prevention and educational activities in order to increase community awareness and decrease acts of sexual violence.

**Annual Report
2011-2012**

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The Community Sexual Assault Program Advisory Board

Susan Martz, President

Asotin County Prosecutor’s Office

Holly Tietz, Vice President

Asotin County Prosecutor’s Office

Mandy Lange, Secretary

Community Advocate

Anne Hunsaker

New Bridges Community Church

Claudia Rake

Community Volunteer

Dan Hally

Asotin County Sherriff’s Office

Get Involved

If you or someone you know is interested in joining our Board of Directors please contact CSAP staff at 509-769-2050.

Additional Community Resources

YWCA

(208)743-1535

Clarkston Police Department

(509)758-2331

Asotin City Police Department

(509)243-4717

Asotin County Sheriffs Department

(509)243-4717

Garfield County Sheriffs Department

(509)843-3494

Tri-State Memorial Hospital

(509)758-4673

Garfield County Memorial Hospital

(509)843-1591

Asotin County Prosecutor's Office

(509)243-2061

Garfield County Prosecutor

(509)843-3082

Department of Child and Family Services

(509)751-4686

Developmental Disabilities Services

(509)751-4637

Introduction

Sexual assault is a type of violence that occurs any time a person is forced to participate in sexual acts without giving consent. This can include unwanted physical touch such as molestation or rape, or it can include words or images that violate someone's personal space and safety. For example, things such as obscene phone calls and jokes, flashing, voyeurism, fondling, and unwanted displays of pornography are also considered sexual violence. It is not limited to any age group, racial or ethnic group, socioeconomic status, or gender. Sexual abuse is not about sexual desire or pleasure, it is about gaining power and control over the victim. Sexual assault can be committed by a stranger, but 80% of sexual abuse is committed by an acquaintance, a relative, a romantic partner, or a spouse. It does not matter if someone has had sexual contact with the person before; any time a person does not want a sexual action and it continues, it is sexual assault.

CSAP Services

Crisis Intervention

CSAP offers 24-hour crisis response, by phone or in person. This may include:

- Emergency medical advocacy such as support in the emergency room or during forensic medical exams
- Emergency legal advocacy including help in obtaining protection orders or reporting abuse to law enforcement
- Safety planning and securing safe shelter if needed

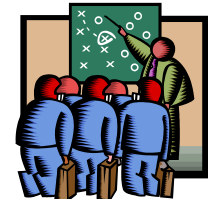
Advocates cannot go to the scene of a crime, nor can they go to a residence where violence has occurred. However, advocates can meet victims in a neutral location (e.g. CSAP office, law enforcement agencies, emergency rooms, churches, physician's office, hotel lobbies, restaurants, etc.). If advocate safety is a factor (e.g. the perpetrator is in the area), law enforcement may be requested to either accompany the advocate or to provide the victim transportation to an advocate waiting in a neutral meeting location.

Program Statistics for Fiscal Year 2011-2012

Community Awareness and Prevention

As part of the CSAP mission, we provide prevention education activities to the community. The goal of the prevention activities is to facilitate learning and activities with our community to help in eliminating sexual assault in our towns. In this last fiscal year, we provided prevention activities to audiences that totaled more than 250 people with more than 35 presentations. We taught Pomeroy Junior and Senior High Students about sexting and internet safety, went into doctor's offices to teach about the grooming process and how to recognize red flags and we also presented at this year's summer youth program about healthy relationships and bi-stander interventions. This year we also completed two five week prevention groups.

If you or someone you know is interested in bringing in Prevention Activities or Presentations to your office, church or club please contact us. You can reach CSAP staff at 509-769-2050.

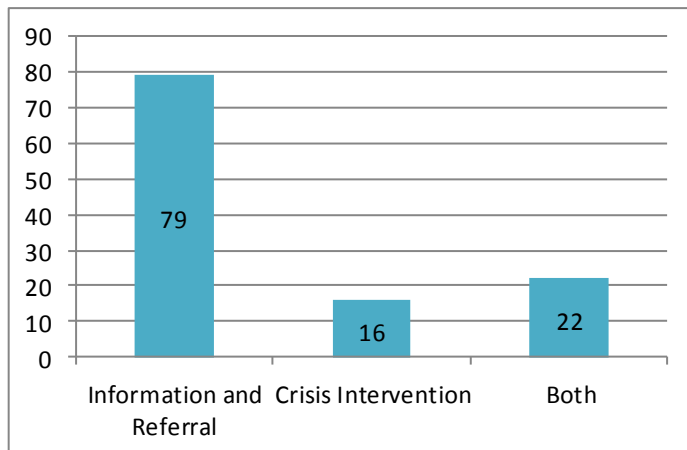


Program Statistics for Fiscal Year 2011-2012

Program Referrals

We have three types of referrals to our program, crisis intervention, information and referral, and both crisis and information and referral. Crisis intervention occurs when we respond to a crisis call and assist a victim during an emergency situation. Information and referral is simply providing someone with basic information about CSAP without offering services at that time. The third type of referral may be a combination of the two. For example, we may respond to a crisis call, explain our services briefly, then assist the victim as needed during their emergency.

Information & Referral Services



CSAP Services

Crisis Intervention

Victims or their families may call for an advocate. In addition, law enforcement, prosecution, Child Protective Services, healthcare providers, school personnel, and others may request an advocate to respond in-person or by phone either immediately or at a prearranged time. In this case, the advocate will meet with the client, explain available services, and offer assistance with client consent. If the client denies services, the advocate will leave a CSAP brochure and a business card so that the victim can contact the advocate later if he/she chooses.

To reach an advocate during business hours (Monday-Friday 8:30 a.m. to 5:30 p.m.) call **(509) 769-2050**. After hours, call the crisis hotline at **1-888-475-5665**.



CSAP Services

General Advocacy

All advocacy services include general advocacy, but some individuals may find that they need more specialized assistance.

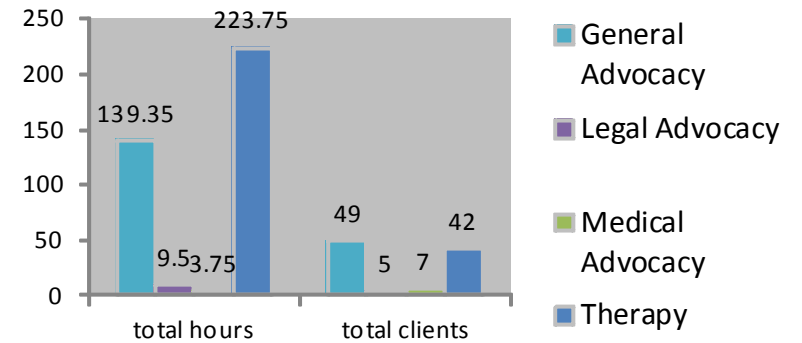
General advocacy includes:

- Responding to direct requests for information and assistance related to sexual abuse
- Linking victims, their families, or significant others with community resources to enhance recovery
- Providing personal support
- Answering questions

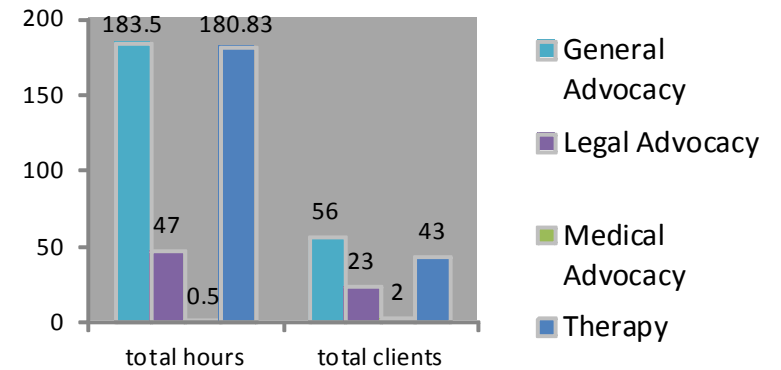


Program Statistics for Fiscal Year 2011-2012

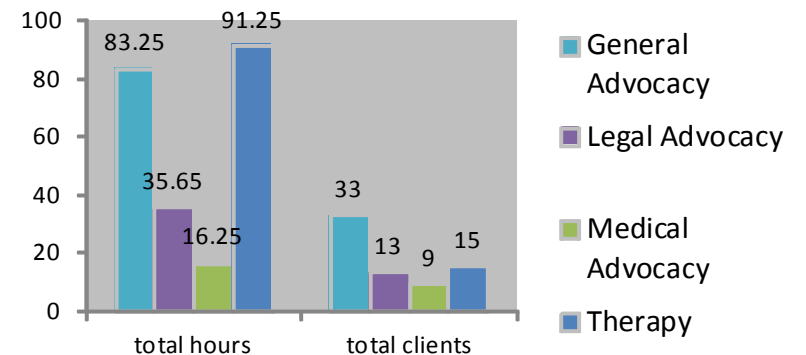
Adult Survivors of Childhood Sexual Assault



Child Survivor



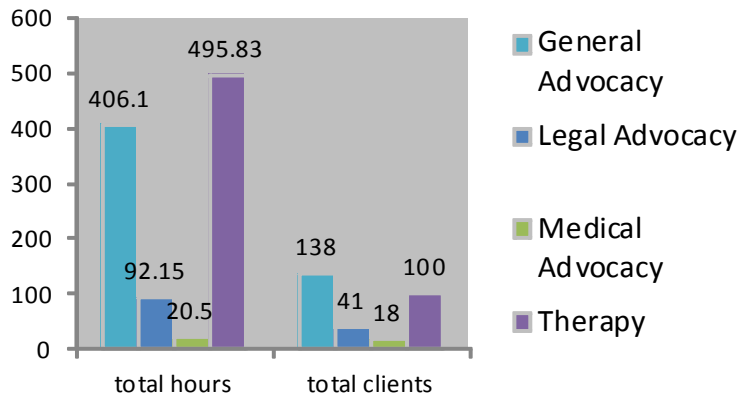
Adult Survivors of Sexual Assault



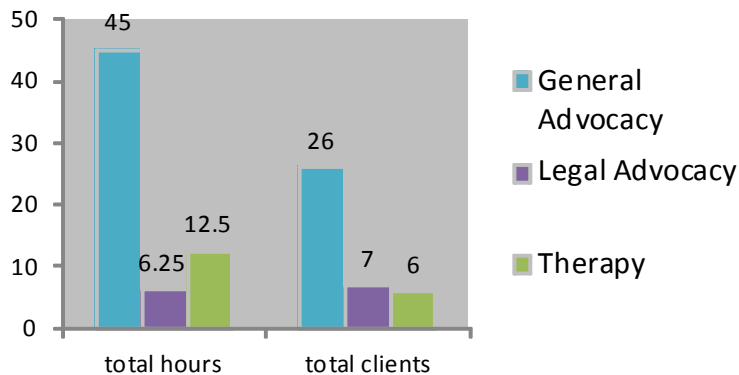
Program Statistics for Fiscal Year 2011-2012

The following information includes services provided for all individuals served for FY2011-2012, including returning clients. Primary clients refers to the victim, and secondary victims include loved ones of the victim such as a parent, sibling, or significant other.

Primary Victim Services



Secondary Victim Services



CSAP Services

Medical Advocacy

Advocates are available to respond 24-hours to victims in need of medical advocacy.

Medical advocacy includes:

- Helping the victim understand any medical issues that they may be facing (e.g. Sexually Transmitted Infections, pregnancy)
- Helping to arrange services to address any medical issues
- Providing support for victims and non-offending family members during forensic medical exams at the emergency room or doctor's office
- Explaining processes for victim's rights, including rape exam costs, application for Crime Victims Compensation, and therapy
- Information and referral for other appropriate community resources
- Answering questions

CSAP Services

Legal Advocacy

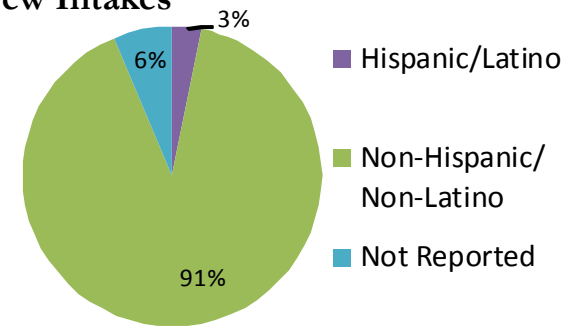
Advocates are available during business hours to assist victims with the entire legal process. Advocates are not lawyers and therefore cannot give legal advice. However, there are several things legal advocates can do.

Legal advocacy includes:

- Explaining the reporting process and offering support during it
- Explaining and clarifying criminal and civil legal procedures
- With written victim permission, collaborating with law enforcement and prosecution to monitor the case and update victims as necessary
- Providing ongoing support as the case proceeds
- Preparing victims for trial by providing support and appropriate links to community resources
- Accompanying victims to attorney meetings
- Accompanying victims to court dates (e.g. hearings, trial, sentencing) and arranging safe waiting places
- Information and referral for other appropriate community resources
- Answering questions

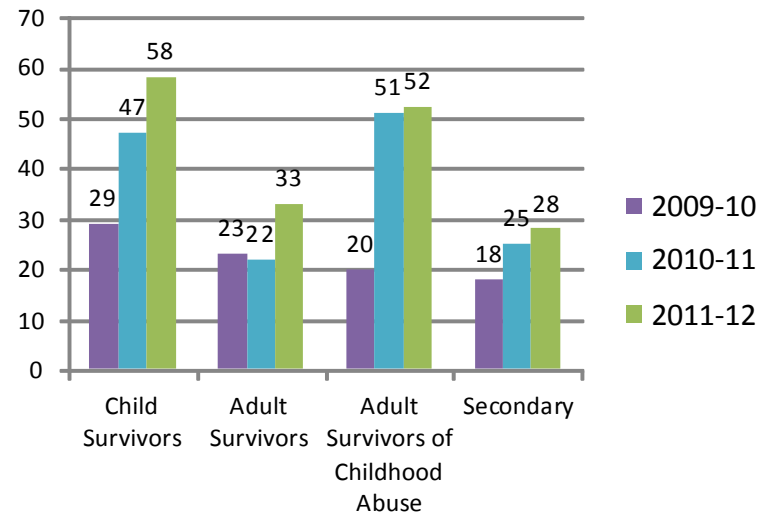
Program Statistics for Fiscal Year 2011-2012

Ethnicity, New Intakes



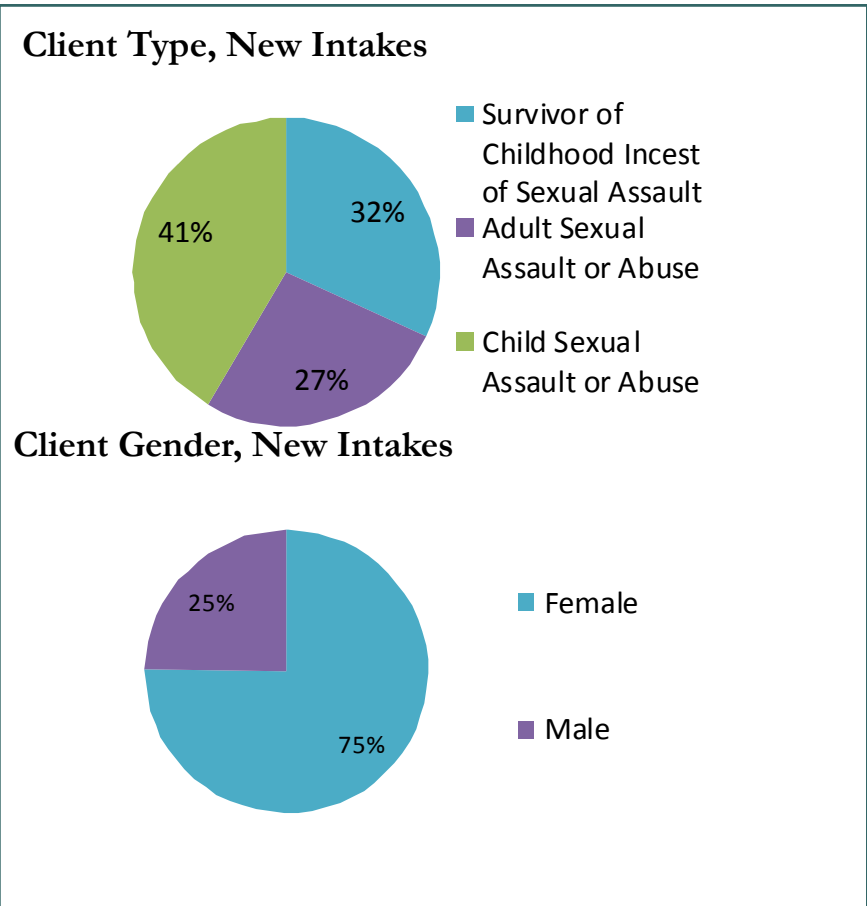
The QBH CSAP was established in 1999. Since the Office of Crime Victims Advocacy began collecting data in 2007, our program has seen consistent increases in the numbers of people seen.

Historical Comparison of Services



Program Statistics for Fiscal Year 2011-2012

Program statistics are collected and monitored by the Office of Crime Victims Advocacy. Overall, fiscal year 2011-2012 had an overall increase in clients raising from 90 clients served to 145. The following is a breakdown of clients whom CSAP served for the first time in FY2011-2012.



CSAP Services

Specialized Therapy

CSAP has therapists specifically trained in sexual assault treatment. All therapy is free and confidential, and there is no limit to the number of sessions available. Transportation can be provided if needed. Individual, group, and family therapy are offered. In addition, CSAP recognizes that sexual assault not only affects the victim, it may affect family, significant others, friends, etc. Consequently, all of our specialized therapy services are available to those secondary victims as well.

Both victims and survivors are welcome, whether the abuse happened 10 minutes or over 10 years ago.

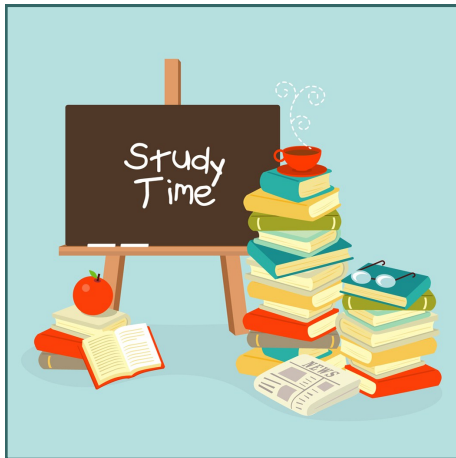
All ages, races, cultures, sexual orientations, religious affiliations, income levels, and genders are welcome.



Prevention Education Services

CSAP provides the community with prevention education in order to increase safety in our area. Through more education and awareness about sexual violence and how to prevent it, CSAP hopes to promote the social change necessary to eliminate sexual violence in our community.

At our agency, CSAP has a library of brochures, books, and videos about sexual assault and related topics for check-out to individuals or agencies.



How to Help

Volunteer Advocates

If you'd rather promote the program's mission by donating your time, you may become a volunteer victim advocate. All advocates receive a 30-hour training about sexual violence, personal safety, advocacy-based support, victim empowerment, and local resources. In addition, advocates learn how to listen and communicate with a broad base of clients in order to empower victims of diverse backgrounds effectively, ethically, and with an open-mind. After completing their training, advocates are then eligible to assist with crisis services, outreach activities, and sometimes our therapy groups.

For more information about any of these options, please call **(509)769-2050** or email our program manager, Danika Roberts, at **droberts@qbhs.org**. You may also drop by either our Clarkston or Pomeroy offices.

How to Help

The movement to end sexual violence in our community is an important one. We recognize that as a non-profit organization and a limited taskforce, community involvement is vital to our cause. Consequently, we invite you to join our mission in whatever way works for you.

Donations

CSAP accepts monetary and other quality donations on a continuous basis. Please mail checks to Quality Behavioral Health Community Sexual Assault Program, 900 7th Street, Clarkston, WA, 99403. Or, you may donate online at www.qualitybehavioralhealth.com



Fundraising

If you would like to further the services that CSAP brings to our community, we would love to talk with you about fundraising options. Our current funding is federally based, but we must seek additional resources in order to maintain our program and help it grow. This year we are planning our third annual pancake and sausage feed to be held in the Spring.

Prevention Education Services

CSAP prevention specialists are available to provide trainings about sexual assault and related topics on request. The presentation can include one of our standard trainings, or one can be developed to fit an organization's specific needs.

Possible topics include:

- **Sexual Abuse:** education about what sexual violence is and how to handle it as a victim, a loved one, or a professional
- **Date Rape Drugs:** safety information about how alcohol and drugs may be used to facilitate rape
- **Internet Safety:** information for children or caregivers about internet dangers and tips to stay safe
- **Healthy Relationships:** education about the red flags of abusive relationships, including the grooming process that offenders use to victimize others
- **How to Help:** training for service providers about how to work with sexual assault victims

Community Partnerships & Prevention

During the year, CSAP participates in a variety of community activities and projects to foster relationships and increase community awareness of sexual violence. In addition, CSAP representatives sit on several community boards. This year was no exception.

Community Events

CSAP staff could be found all over Asotin and Garfield Counties this year participating in community events. Staff met and spoke with the community at Alive After Five, handed out prizes at National Night Out, played in the hay at the Garfield County Fair, swam in the moonlight at the Midnight Harvest Swim, and cheered on participants during the Pomeroy Susan G. Komen cancer walk. In addition, staff represented CSAP on the Garfield County Interagency Council, the Community Health and Prevention Board, the Community Crisis Response Team, and the Washington Coalition of Sexual Assault Programs Board. We hope our continued community presence will increase awareness of sexual violence and build community partnerships.

Community Partnerships & Prevention

Take a Stand Against Violence Walk

As part of Sexual Assault Awareness Month, CSAP also collaborated with the YWCA to continue the annual Take a Stand Against Violence public demonstration walk. Many community members trekked across the Blue Bridge between Asotin and Nez Perce Counties as they tied teal ribbons on the railing in honor of sexual assault victims. The ribbons blew in the breeze as a reminder of victims in our area and the work we have yet to do to end sexual violence in our community. It was a memorable moment for all.



Community Development Projects

This year CSAP was excited to have two community development projects in the works. We know that prevention starts in the community and works best when peers teach peers. The SAAM club at Pomeroy High School continued their prevention education by completing an awareness week that highlighted facts about human trafficking. CSAP also partnered with the Asotin County Sheriff's Office and Clarkston High School to create a video that was shown during an assembly that discussed the prevention of sexting, and related bullying. These are projects we hope to build upon for years to come.

Community Partnerships & Prevention

Sexual Assault Awareness Month

April is sexual assault awareness month (SAAM). This year we continued to build on the theme “Be the Solution” which encourages community members to take responsibility to end sexual violence as bystanders, respectful partners, and supportive friends. CSAP teamed up with the YWCA to host a handful of events. This year we kicked off the month with the second annual candlelight vigil. We met together as a community and lit candles to honor survivors of sexual assault. “Latte and Learn” campaign was also kicked off where local coffee shops and pharmacies placed stats about sexual violence on their coffee labels and prescription bags. This year businesses were again, encouraged to wear denim during denim week to bring awareness to the myths and misconceptions about sexual violence that often blame the victim. We also hung clothes lines of jeans with phrases such as “Stop the Violence” and “Believe Don’t Blame” on Walla Walla Community College Campus, outside the YWCA, and the local library and a college campus. Denim Day was started as a protest against the ruling of an Italian Supreme Court which overturned a rape conviction because the victim was wearing jeans. It was an exciting month.

Community Partnerships & Prevention

Summer Youth Program

This year the Summer Youth Program (SYP) beat another record with over 80 participants. The kids were able to participate in fun activities including skating at the Rollaway, team building on a ropes course at Camp Whitman, swimming at The Aquatic Center and a taking a field trip to Dworshak Dam to name a few. Each week the teens also participated in enrichment time about topics such as bullying, on-line safety, adverse affects of drinking and doing drugs, characteristics of a healthy person and healthy relationships. CSAP staff hosted three of the weekly activities in focusing on sexual assault and bullying, on-line safety and pillars of character.

School Prevention Curriculum Project

CSAP hit off another year of its K-12 sexual assault prevention curriculum into the Garfield County School District. Pomeroy students received age-appropriate skills in order to decrease their chances of being sexually victimized. Elementary students learned about personal safety, three types of touches and who they can talk to if feeling unsafe. Our goal is to provide students with comprehensive prevention skills by the time that they graduate high school. This last year we were able to host a prevention education skills group with Special Education Students from the Clarkston High School. This group focused on healthy relationships and identifying sexual assault.